THE HELP GROUP'S



For children and adolescents with Autism Spectrum Disorder and other social/ learning challenges.



**Sherman Oaks After School Enrichment** Classes

**FALL** 2019

ALL KIDS need opportunities to have fun, connect with others, learn new skills, make friends, and enjoy a sense of belonging...that's what Kids Like Me is all about!

Staff supervision and snack are provided at no extra charge for Help Group students from 3:15 to the start of classes at 4:00pm. All classes meet for 8 weekly sessions unless otherwise noted.

SOCIAL **SKILLS** GROUP

Utilizing evidence-based practices, therapists promote skill development & friendships

Mondays starting Sept. 16 **Ages** 5-7 & 8-10 Cost \$375

(NLARC vendor # PL0951 & Lanterman: PW5530)

THERAPEUTIC RIDING

Riding skills in walk and trot, safe handling techniques, grooming & more

Mondays starting Sept. 16 Ages 10 and up Cost \$450 (class ends at 5:45pm)

**MYTH BUSTERS**  A unique, fun and highly creative science class using experiments to test a variety of myths

Mondays starting Sept. 16 **Ages** 7-10 & 11 and up Cost \$285

BOWLING **LEAGUE** 

Includes transportation, instruction, and shoes at PINZ Bowling

Tuesdays starting Sept. 17 **Ages** 7-10 & 11 and up Cost \$325

(class ends at 5:45pm)

**GAMING CLUB** 

Tech gaming focusing on social interaction & team work

Tuesdays starting Sept. 17 **Ages** 7-9 & 10 and up Cost \$275

**MANGA** CARTOONING

Learn more about manga and create your own cartoon characters, fantasy illustrations, & comic strips

Tuesdays starting Sept. 17 Ages 7 and up Cost \$285

High energy, popular sports class **BASKETBALL** 

Wednesdays starting Sept. 18 **Ages** 5-9 & 10 and up Cost \$275

COOKING **CLUB** 

Foods, recipes, culinary skills, and fun

Wednesdays starting Sept. 18 **Ages** 5-9 & 10 and up Cost \$285

SOCIAL **SKILLS GROUP** 

Utilizing evidence-based practices, therapists promote skill development & friendships

> Wednesdays starting Sept. 18 **Ages** 11-13 and 14-17 Cost \$375

(NLARC vendor # PL0951 & Lanterman: PW5530)

CERAMICS

Special art class includes hand building techniques, glazing and kiln firing

Wednesdays starting Sept. 18 **Ages** 7-10 & 11 and up Cost \$285

THE MIRACLE **PROJECT** 

Highly acclaimed, awardwinning theater arts program meeting for 6 months and culminating with March final performance

Thursdays starting Sept. 19 Ages 7 and up The Miracle Project. Cost \$900 for 20 sessions (plus 1 or 2 rehearsals) Performance date 3/15/2020

FUN & **FITNESS**  Fun interactive physical games encouraging social & motor skills development

Thursdays starting Sept. 19 **Ages** 5-9 & 10 and up Cost \$275

DESIGN

Introduction to the design, creation, and maintenance of web pages and websites

Thursdays starting Sept. 19 Ages 7 and up Cost \$285

CAMPING **KIDS** 

WEB

New, exciting class featuring campcraft and outdoor camping skills

Fridays starting Sept. 20 **Ages** 7-10 & 11 and up Cost \$275

FRIDAY **NIGHTS** OUT

A fun social/recreational program offering weekly community-based outings with a focus on fostering friendships for high functioning teens with autism spectrum disorder or social and learning differences.

Fridays starting Sept. 20 (4pm-7pm) **Ages** 13-18 Cost \$500 (dinner included)

Passport: LA **FRIDAY NIGHTS** OUT

A fun social/recreational program offering weekly communitybased outings with a focus on fostering friendships for teenagers with mild to moderate cognitive delays & social communication/ language challenges.

Fridays starting Sept. 20 (4pm-7pm) **Ages** 13-18 Cost \$500 (dinner included)

DANCE **FUSION**  A blending of dance genres for fun and fitness

Fridays starting Sept. 20 **Ages** 7-9 & 10 and up **Cost** \$275

For more information, visit us at: www.kidslikemela.org Nicole Webb nwebb@thehelpgroup.org | 818.778.7136